

Summer 2023 English Through Sustainability & Service-Learning Program



Duration: **3 weeks**

Tentative program dates: August 7 - August 24, 2023

Approximate price: \$2,950 (including dorms) - NO HOMESTAY AVAILABLE

Why Study at Portland State University (PSU)?

Portland State University is located in the heart of the city and prides itself in its sustainability efforts. Students who study in the short-term program will learn about PSU's met sustainability goals, which include:

- 14 LEED certified buildings
- 5 Roof gardens
- 10 bicycle garages for PSU students, faculty and staff
- Vegetable gardens and orchards that serve not only for educational purposes but also produce food for the food pantry where students can get free food.
- Rainwater drainage/usage systems
- Bike Hub: a place where PSU members can repair their bikes and purchase parts
- Planting of native plants and trees to lower maintenance, to cool the campus in the summer and to filter rainwater in the winter

Program Description:

Classes will be built around Sustainability and Service Learning. Each class will focus on developing students' listening, speaking, reading, writing, and vocabulary skills with a focus on one of the UN Sustainable Development Goals (SDGs), while also increasing their understanding of American culture. Classes are communicative in approach and student-centered in its delivery. Students will have ample opportunity to explore cultural topics and expand their English language skills through small group activities, projects, and interaction outside the classroom in the Portland State and greater Portland communities.

Students will be in class for 16-17 instruction hours and 3-4 service learning hours Monday through Thursday, totaling 20 hours per week and **60 hours total** for the program. Fridays and Saturdays are filled with fun activities. The **sample calendar** gives an idea what the program might look like next summer.

Extracurricular activities:

Our extracurricular activities are facilitated by our well-trained program assistants who are current or former PSU students and include:

- Attending weekly international coffee hour to chat with other PSU students
- Visiting scenic places like Multnomah Falls or the Oregon Coast
- Going to the outlet mall for tax-free shopping
- Participating in a downtown Portland walking tour
- Experiencing Portland Food Culture (Blue Star and Voodoo Donuts, Salt & Straw ice-cream, Stumptown Coffee, and food carts from around the world)
- Visiting the Oregon Historical Society
- Visiting other popular Portland places like Saturday Market, the Farmer's Market, Powell's Bookstore, coffee shops, etc.
- Watching movies in the PSU theater

Housing:

The program fee includes dorm stay for 21 nights. If students stay an additional night, we can extend it and students can cover the cost using their credit card. Our students generally stay in the Broadway Hall dorms, unless they have made alternate plans. All students are required to share a room with a peer or pay full price for the room. For a virtual tour of the rooms, please go to the website: <https://www.pdx.edu/housing/group-conference-housing>

Our short-term programs do not include meals. ISP provides cookware to students to allow them to prepare their own meals in the small kitchenettes that are part of the dorm rooms. Students can also buy meals from food carts, which Portland is famous for (Please refer to the separate handout).

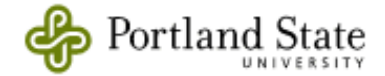
Arrival & Departure:

The program fee does not include airport transportation. If students would like to be picked up or dropped off, it's an additional \$75 each way. Students can book airport transportation directly with us by paying for the service online. If it's a larger group from one partner coming on the same flight, we can book a shuttle bus and include the airport transportation fee in the invoice.

If students arrive after 9 pm, we request that students book themselves a night at a hotel and check into the dorms the next day. If they depart prior to 9 am, we request that they book themselves a hotel near the airport for their last night. There are a number of hotels that provide free airport shuttle services at all hours of the day. We can recommend some hotels if needed.

Summer English Through Sustainability and Service-Learning SDG11: Sustainable Cities and Communities August 7 – August 24, 2023 (3 weeks)						
						Saturday
						August 5
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
August 6 Arrival day/Free day to explore Portland	7 ORIENTATION <ul style="list-style-type: none"> Meet program staff Get PSU ID card Get PSU computer account PSU campus tour Pizza Lunch provided	8 First day: Sustainability and Service Learning 9:00AM-11:30AM PSU Sustainability Tour Lunch: 11:30 AM-1:00 PM Sustainability and Service Learning 1:00 -3:30PM Rec Center (optional)	9 Sustainability and Service Learning 9:00AM-11:30AM Visit to the PSU Bike Hub <i>Group photo</i> Lunch: 11:30 AM-1:00 PM Sustainability and Service Learning 1:00 -3:30PM Small Group Conversation Partner Session 4-5:00 PM	10 Sustainability and Service Learning 9:00AM-11:30AM Rebuilding Center (volunteer activity) Lunch: 11:30 AM-1:00 PM Sustainability and Service Learning 1:00 -3:30PM PSU Rec Center (optional)	11 Multnomah Falls and Outlet Mall (all day trip) STAFF LED ACTIVITY: 5th Ave Cinema - Movie	12 STAFF LED ACTIVITY: Portland Farmers Market-Saturday Market w/ program assistants
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
13 FREE DAY!	14 Sustainability and Service Learning 9:00AM-11:30AM Lunch: 11:30 AM-1:00 PM Sustainability and Service Learning 1:00 -3:30PM Port of Portland tour & presentation	15 Sustainability and Service Learning 9:00AM-11:30AM Lunch: 11:30 AM-1:00 PM Sustainability and Service Learning 1 PM – 3:30 1:00 -3:30PM	16 Sustainability and Service Learning 9:00AM-11:30AM Sustainability at INTEL (Zoom presentation) Lunch: 11:30 AM-1:00 PM Sustainability and Service Learning 1:00 -3:30PM Small Group Conversation Partner Session 4-5:00 PM	17 Sustainability and Service Learning 9:00AM-11:30AM Gardening project at PSU (volunteer activity) Lunch: 11:30 AM-1:00 PM Sustainability and Service Learning 1:00 -3:30PM	18 STAFF LED ACTIVITY: 4T Hike STAFF LED ACTIVITY: 5th Ave Cinema - Movie	19 Trip to the Oregon Coast (all day trip)

International Special Programs at Portland State University



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
20	21	22	23	24	25	26
FREE DAY!	Sustainability and Service Learning 9:00AM-11:30AM The Children's Book Bank (volunteer activity) Lunch: 11:30 AM-1:00 PM Sustainability and Service Learning 1:00 -3:30PM	Sustainability and Service Learning 9:00AM-11:30AM Final Presentation prep in IELP Computer Lab Lunch: 11:30 AM-1:00 PM Sustainability and Service Learning 1:00 -3:30PM Poster-making PSU Rec Center (optional)	Sustainability and Service Learning 9:00AM-11:30AM Final Presentation prep in IELP Computer Lab Lunch: 11:30 AM-1:00 PM Sustainability and Service Learning 1:00 -3:30PM Poster-making Small Group Conversation Partner Session 4-5:00 PM	Sustainability and Service Learning 9:00AM-11:30AM Final Presentation practice Lunch: 11:30 AM-1:00 PM Final Presentation practice Sustainability and Service Learning 1:00 -3:30PM Final Presentations RECOGNITION CEREMONY Poster Session, Certificates, and Ice Cream Social 4:00-6:00 PM	<u>Departure Day</u> <u>Or free day in Portland</u>	<u>Departure Day</u>



Summer 2023 Intensive English Communication Program

Duration: **4 weeks**

Tentative program dates: August 7 - August 31, 2023

Program Price: \$3,650 (including dorms) - NO HOMESTAY AVAILABLE!

Why Study at Portland State University (PSU)?

Portland State University is located in the heart of the city and prides itself in its sustainability efforts and its diverse student population. Portland's motto is "Keep Portland Weird", which students will explore further in this class. Portland also provides a perfect environment to explore social justice issues with its growing population of houseless people. Houselessness is very prevalent in all West Coast cities and for some foreign cultures is a new concept. Students get an opportunity to look deeper into the root causes of this issue.

Program Description:

Classes are built around American Culture and will focus on developing students' oral communication skills, fluency, and confidence. Classes are communicative in approach and student-centered in its delivery. Students will have ample opportunity to explore cultural topics and expand their English language skills through small group activities, projects and interaction outside the classroom in the PSU and greater Portland community. This program is a more intensive program where students at a higher English level will explore social justice, gender identity, and equality issues. All students will be introduced to PSU's sustainability efforts and will participate in a couple of volunteer activities.

Students will participate in 16 hours of classroom instruction and 4 hours of small group conversation partner sessions, Monday through Thursday, totaling 20 hours per week and **80 hours total** for the program. The small group conversation partner sessions are facilitated by PSU students and provide students an opportunity to practice their English in a smaller setting. Fridays and Saturdays are filled with fun activities. The [sample calendar](#) gives an idea what the program might look like next summer.

Extracurricular activities:

Our extracurricular activities are facilitated by our well-trained program assistants who are current or former PSU students and include:

- Attending weekly international coffee hour to chat with other PSU students
- Visiting scenic places like Multnomah Falls or the Oregon Coast
- Going to the outlet mall for tax-free shopping
- Participating in a downtown Portland walking tour
- Experiencing Portland Food Culture (Blue Star and Voodoo Donuts, Salt & Straw ice-cream, Stumptown Coffee, and food carts from around the world)
- Visiting the Oregon Historical Society
- Visiting other popular Portland places like Saturday Market, the Farmer's Market, Powell's Bookstore, coffee shops, etc.
- Watching movies in the PSU theater

Housing:

The program fee includes dorm stay for 28 nights. If students stay an additional night, we can extend it and students can cover the cost using their credit card. Our students generally stay in the Broadway Hall dorms, unless they have made alternate plans. All students are required to share a room with a peer or pay full price for the room. For a virtual tour of the rooms, please go to the website:

<https://www.pdx.edu/housing/group-conference-housing>

Dormitory facility:

- Double room with toilet and shower
- Equipment : Bed, pillow, blanket, beddings, towels, toilet paper, desk, chair, closet, mini kitchen, cooking stove, mini fridge, lighting fixtures
- No housekeeping : Toilet paper, sheets and towels must be ordered and picked up individually at the front desk of the dormitory every Monday and Thursday.
- Available Kitchenware provided by ISP: dishes and utensils, pots and pans, rice cookers/microwaves to share
- Laundry room available with prepaid laundry card:
 - laundry card can be purchased in Ondine dorms from a machine for \$10
 - money can be put onto the card for washing and drying
 - no laundry soap provided

If students stay in the dorms, meals are not included. However, as mentioned above, ISP provides cookware to students to allow them to prepare their own meals in the small kitchenettes that are part of the dorm rooms. Students can also eat at Victor's, the PSU cafeteria and pay for each meal there with a credit card. Here are the prices:

There are plenty of opportunities to find meals on or near campus. I'm attaching a document that lists some of those places. Portland is famous for its food carts.

Arrival & Departure:

The program fee does not include airport transportation. If students would like to be picked up and dropped off, it's an additional \$75 one way. Students can book airport transportation directly with us by paying for the service online. If it's a larger group from one partner coming on the same flight, we can book a shuttle bus and include the airport transportation fee in the invoice.

If students arrive after 9 pm, we request that students book themselves a night at a hotel and check into the dorms the next day. If they depart prior to 9 am, we request that they book themselves a hotel near the airport for their last night. There are a number of hotels that provide free airport shuttle services at all hours of the day. We can recommend some hotels if needed.

Summer Intensive English Communication Program
August 7 – August 31, 2023 (4 weeks)

Saturday						
						August 5
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
August 6 Arrival day/Free day to explore Portland	7 ORIENTATION Meet program staff <ul style="list-style-type: none"> • Get PSU ID card • Get PSU computer account • PSU campus tour Pizza Lunch provided	8 First day: Intensive Communication 9:00AM-11:30AM Lunch: 11:30 AM-1:00 PM Intensive Communication 1 -2:30PM Group conversation partner session 3-4:00 PM PSU Rec Center (optional)	9 Intensive Communication 9:00AM-11:30AM PSU Sustainability Tour Lunch: 11:30 AM-1:00 PM <i>Group photo</i> Intensive Communication 1 -2:30PM Group conversation partner session 3-4:00 PM	10 Intensive Communication 9:00AM-11:30AM Lunch: 11:30 AM-1:00 PM Intensive Communication 1 -2:30PM Group conversation partner session 3-4:00 PM PSU Rec Center (optional)	11 Multnomah Falls and Outlet Mall (all day trip) STAFF LED ACTIVITY: 5th Ave Cinema - Movie	12 STAFF LED ACTIVITY: 10:00-1:00 pm 4T Hike
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
13 FREE DAY!	14 Intensive Communication 9:00AM-11:30AM Lunch: 11:30 AM-1:00 PM Intensive Communication 1 -2:30PM Group conversation partner session 3-4:00 PM	15 Intensive Communication 9:00AM-11:30AM Lunch: 11:30 AM-1:00 PM Intensive Communication 1 -2:30PM Group conversation partner session 3-4:00 PM	16 Intensive Communication 9:00AM-11:30AM Lunch: 11:30 AM-1:00 PM Intensive Communication 1 -2:30PM Group conversation partner session 3-4:00 PM	17 Intensive Communication 9:00AM-11:30AM The Children’s Book Bank (volunteer activity) Lunch: 11:30 AM-1:00 PM Intensive Communication 1 -2:30PM Group conversation partner session 3-4:00 PM	18 STAFF LED ACTIVITY: visit to the Oregon Historical Society STAFF LED ACTIVITY: 5th Ave Cinema	19 Trip to the Oregon Coast (all day trip)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
20 FREE DAY!	21 Intensive Communication 9:00AM-11:30AM Lunch: 11:30 AM-1:00 PM Intensive Communication 1 -2:30PM Group conversation partner session 3-4:00 PM	22 Intensive Communication 9:00AM-11:30AM Lunch: 11:30 AM-1:00 PM Intensive Communication 1 -2:30PM Group conversation partner session 3-4:00 PM PSU Rec Center (optional)	23 Intensive Communication 9:00AM-11:30AM Lunch: 11:30 AM-1:00 PM Intensive Communication 1 -2:30PM Group conversation partner session 3-4:00 PM	24 Intensive Communication 9:00AM-11:30AM TBD (volunteer activity) Lunch: 11:30 AM-1:00 PM Intensive Communication 1 -2:30PM Group conversation partner session 3-4:00 PM PSU Rec Center (optional)	25 STAFF LED ACTIVITY: Downtown Walking Tour STAFF LED ACTIVITY: 5th Ave Cinema:	26 STAFF LED ACTIVITY: Portland Farmers Market-Saturday Market w/ program assistants Thorns Game (Women's Soccer)
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27 FREE DAY!	28 Intensive Communication 9:00AM-11:30AM Lunch: 11:30 AM-1:00 PM Intensive Communication 1 -2:30PM Group conversation partner session 3-4:00 PM	29 Intensive Communication 9:00AM-11:30AM Lunch: 11:30 AM-1:00 PM Final Presentation prep in IELP Computer Lab Intensive Communication 1 -2:30PM Poster-making Group conversation partner session 3-4:00 PM PSU Rec Center (optional)	30 Intensive Communication 9:00AM-11:30AM Lunch: 11:30 AM-1:00 PM Final Presentation prep in IELP Computer Lab Intensive Communication 1 -2:30PM Poster-making Group conversation partner session 3-4:00 PM	31 Intensive Communication 9:00AM-11:30AM Final PPT Presentation to class Lunch: 1:00-2:00 RECOGNITION CEREMONY Poster Session, Certificates, and Ice Cream Social 2:00-4:00 PM	September 1 Departure Day Or free day in Portland	September 2 Departure Day

Summer 2023 Field Study & America Plus Program



Duration: **3.5 weeks**

Tentative program dates: August 10 - September 1, 2023 (DORM STAY ONLY)

Approximate price including dorms: \$3,200

Why Study at Portland State University (PSU)?

PSU is located in downtown Portland, Oregon in the heart of the city of roses (one of Portland's many nicknames!). Portland is a beautiful, clean, and safe place to study and experience American culture and university life. Portland is a popular tourist destination because of its walkability, many restaurants and parks, and the fact that it is tax free for shopping and other activities!

Program Description:

All students will participate in an English Communication class each day and then move to a content focused class of their choice. The general focus of our teachers is helping students practice their English conversation skills so they are prepared for future travel, study abroad, or talk with international visitors and colleagues. Classes focus on skills like fluent pronunciation and how to have natural conversation flow rather than focusing on grammar or writing rules.

Students will participate in 20 hours per week (on average) of class time including "field studies" or excursions with their content class instructor each week. Content classes may rotate depending on partner interest and teacher availability but currently include American Business and Portland Pop Culture. Please refer to a [sample schedule](#) to get a sense of what the program might look like.

THE PROGRAM INCLUDES FOUR COMPONENTS:

- Daily English Class
- Daily Content Class: choose from American Business or Portland Pop Culture!
- Content Class Excursions
- Cultural Excursions in Portland

Extracurricular activities:

Our extracurricular activities are facilitated by our well-trained program assistants who are current or former PSU students and include:

- Visiting scenic places like Multnomah Falls and the Columbia River Gorge
- Trip to the Oregon Coast
- Going to the outlet mall for tax-free shopping
- Experiencing Portland Food Culture (Blue Star and Voodoo Donuts, Salt & Straw ice-cream, Stumptown Coffee, and food carts from around the world)
- Visiting other popular Portland places like Saturday Market, the Farmer's Market, Powell's Bookstore, coffee shops, etc.

Pop Culture Excursions and Class Themes

- Thrift Store visits
- Art and mural tours of different areas of the city
- Coffee and other special food visits
- Neighborhood based scavenger hunt challenges
- Keep Portland Weird, Portland Hipsters

American Business Excursions and Class Themes

- Visit Intel to talk with current employees about work in a multinational company
- Learn about entrepreneurship from immigrants who own their own business in the U.S.
- Tour local businesses
- Business Vocabulary, Body Language
- Company SWOT Analysis

Housing - Dorms:

Students may stay in on-campus housing, such as Broadway Hall.

In the dormitory all students are required to share a room with a peer or pay full price for the room. For a virtual tour of the rooms, please go to the website:

<https://www.pdx.edu/housing/group-conference-housing>

Dormitory facility:

- Double room with toilet and shower
- Equipment : Bed, pillow, blanket, beddings, towels, toilet paper, desk, chair, closet, mini kitchen, cooking stove, mini fridge, lighting fixtures
- No housekeeping : Toilet paper, sheets and towels must be ordered and picked up individually at the front desk of the dormitory every Monday and Thursday.

- Available Kitchenware provided by ISP: dishes and utensils, pots and pans, rice cookers/microwaves to share
- Laundry room available with prepaid laundry card:
 - laundry card can be purchased in Ondine dorms from a machine for \$10
 - money can be put onto the card for washing and drying
 - no laundry soap provided

If students stay in the dorms, meals are not included. However, as mentioned above, ISP provides cookware to students to allow them to prepare their own meals in the small kitchenettes that are part of the dorm rooms. Students can also eat at Victor's, the PSU cafeteria and pay for each meal there with a credit card. Here are the prices:

Breakfast - \$9.60

Lunch - \$10.75

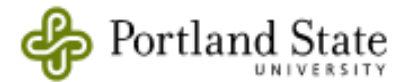
Dinner - \$12.80

There are plenty of opportunities to find meals on or near campus. Portland is famous for its food carts.

America Plus Field Study Programs

at Portland State University (3.5 weeks)

August 10 - September 1, 2023

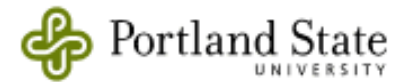


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				August 10 Arrival day - Arrive in Portland - check into the dorms ORIENTATION - Pizza Lunch - PSU ID cards - PSU computer account - campus tour 10:00 Curfew	11 9:00 American Conversation Class - ESL placement test 11:30 Lunch 1:00 "Plus" Class - Portland Culture - American Business - Hospitality 10:00 Curfew	12 STAFF LED ACTIVITY: 10am—4pm Portland Day with Program Staff -Farmers Market -Saturday Market -Powell Bookstore -Stumptown Coffee 10:00 Curfew
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
13 Free Day! 10:00 Curfew	14 9:00 American Conversation Class 11:30 Lunch 1:00 American Business Class <i>Downtown Walk</i> 10:00 Curfew	15 9:00 American Conversation Class 11:30 Lunch 1:00 <u>Portland Culture:</u> Neighborhood Scavenger Hunt <u>American Business:</u> Downtown Business Walk <u>Hospitality:</u> Visitor Center Visit 10:00 Curfew	16 9:00 American Conversation Class 11:30 Lunch 1:00 "Plus" Class - Portland Culture - American Business - Hospitality 10:00 Curfew	17 9:00 American Conversation Class 11:30 Lunch 1:00 <u>Portland Culture:</u> <u>Coffee Study</u> <u>American Business:</u> Intel Visit <u>Hospitality:</u> Restaurant Study 10:00 Curfew	18 STAFF LED ACTIVITY: Visit a neighborhood! 10:00 Curfew	19 STAFF LED ACTIVITY: 4T Hike! 10:00 Curfew

America Plus Field Study Programs

at Portland State University

August 10 - September 1, 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
20 Free Day! 10:00 Curfew	21 9:00 American Conversation Class 11:30 Lunch 1:00 "Plus" Class - Portland Culture - American Business - Hospitality 10:00 Curfew	22 9:00 American Conversation Class 11:30 Lunch 1:00 <u>Portland Culture:</u> Thrift Store <u>American Business:</u> Panel with American Business Students <u>Hospitality:</u> Portland Tours 10:00 Curfew	23 Oregon Coast! 9:00 Depart! 5:00 Arrive at PSU 10:00 Curfew	24 9:00 American Conversation Class 11:30 Lunch 1:00 <u>Portland Culture:</u> Mural Study <u>American Business:</u> Visit to Columbia or other large business <u>Hospitality:</u> Local Resort Visit 10:00 Curfew	25 9:00 American Conversation Class 11:30 Lunch 1:00 American Business Class 10:00 Curfew	26 STAFF LED ACTIVITY: Visit a neighborhood!
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27 Free Day!	28 9:00 American Conversation Class 11:30 Lunch 1:00 "Plus" Class - Portland Culture - American Business - Hospitality 10:00 Curfew	29 9:00 American Conversation Class 11:30 Lunch <u>Portland Culture:</u> Interview Campus <u>American Business:</u> Project Preparation <u>Hospitality:</u> Project Preparation 10:00 Curfew	30 Day Trip to Columbia Gorge & Outlet Shopping Mall 8:00 Depart PSU 8:30 Columbia Gorge Fun 12:30 Depart for Shopping Mall 10:00 Curfew	31 Final Presentation 9:00 American Conversation Class 11:30 Lunch 1:00 American Business Class Final Presentations 10:00 Curfew	1 Final Presentation 9:00 American Conversation Class Final Presentations 12:00 Recognition Ceremony: -Certificates -Farewell Lunch with PSU Staff and Teachers 2:30 FREE TIME 10:00 Curfew	9 <u>Departure Day</u> Go to the airport with your host. Flight check in with PSU staff Goodbye and Good Luck!

Schedule is tentative - activities may change or move to different days!

Summer 2023 American Conversation & Culture Program



Duration: **3 weeks**

Tentative program dates: August 14 - September 1, 2023 (DORM STAY ONLY)

Approximate price including dorms: \$2,550

Why Study at Portland State University (PSU)?

PSU is located in downtown Portland, Oregon in the heart of the city of roses (one of Portland's many nicknames!). Portland is a beautiful, clean, and safe place to study and experience American culture and university life. Portland is a popular tourist destination because of its walkability, many restaurants and parks, and the fact that it is tax free for shopping and other activities!

Program Description:

All students will participate in an English Communication class each day. The general focus of our teachers is helping students practice their English conversation skills so they are prepared for future travel, study abroad, or talk with international visitors and colleagues. Classes focus on skills like fluent pronunciation and how to have natural conversation flow rather than focusing on grammar or writing rules. American culture topics, like food, music, keep Portland weird, etc. will be included in everyday instruction.

Students will participate in 12.5 hours per week (on average) of class time. In addition, students will practice their English in small group conversation partner sessions with a fluent English speaker, most likely a PSU student. With the additional 4 hours per week of conversation time, students will receive a total of 16.5 hours of focused instruction and English conversation time per week and ~ 50 hours total over the program duration. Please refer to a [sample schedule](#) to get a sense of what the program might look like.

THE PROGRAM INCLUDES FOUR COMPONENTS:

- Daily English Class
- Four group conversation sessions per week
- Extracurricular activities (including volunteering)
- Cultural Excursions in Portland

Extracurricular activities:

Our extracurricular activities are facilitated by our well-trained program assistants who are current or former PSU students and include:

- Tax-free shopping in local mall or vintage stores
- Experiencing Portland Food Culture (Blue Star and Voodoo Donuts, Salt & Straw ice-cream, Stumptown Coffee, and food carts from around the world)
- Visiting other popular Portland places like Saturday Market, the Farmer's Market, Powell's Bookstore, coffee shops, etc.
- Being active around town and having fun!

Housing - Dorms:

For this program, all students may stay in on-campus housing, such as Ondine Residence Hall, or can find their own accommodations.

In the dormitory all students are required to share a room with a peer or pay full price for the room. For a virtual tour of the rooms, please go to the website:

<https://www.pdx.edu/housing/freshmen-buildings>

Dormitory facility:

- Double room with private bathroom or suite style bathroom
- Equipment : Bed, pillow, blanket, beddings, towels, toilet paper, desk, chair, closet
- No housekeeping : Toilet paper, sheets and towels must be ordered and picked up individually at the front desk of the dormitory every Monday and Thursday.
- Available Kitchenware provided by ISP: dishes and utensils
- Laundry room available with prepaid laundry card:
 - laundry card can be purchased in Ondine dorms from a machine for \$10
 - money can be put onto the card for washing and drying
 - no laundry soap provided

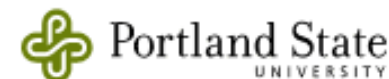
Meals:

For most of our college programs, we do not include meals. Students can eat at Victor's, the PSU cafeteria and pay for each meal there with a credit card. There are plenty of other opportunities to find meals on or near campus. Portland is famous for its food carts!

American Conversation & Culture Program

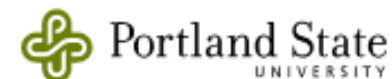
at Portland State University (Dormstay) (3 weeks)

August 14 - September 1, 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
August 13 Arrival day - Arrive in Portland - check into the dorms	14 PSU ORIENTATION DAY: 10:00 AM - PSU ID cards - PSU computer account 12:00 Pizza Lunch 1:00 PM - life on campus - campus tour 10:00 Curfew	15 9:30-12:00 American Conversation & Culture Class 12:00 Lunch w/ PAs 1-2:00 small group conversation partner sessions 2-5 pm Visit the Rose Tea Garden w/ PAs 10:00 Curfew	16 9:30-12:00 American Conversation Class 12:00 Lunch w/ PAs 1-2:00 small group conversation partner sessions 2-3:00 PSU Sustainability Tour w/ Staff 3:30-5:00 Optional Rec Center w/ PAs 10:00 Curfew	17 9:30-12:00 American Conversation Class 12:00 Lunch w/ PAs 1-2:00 small group conversation partner sessions 2-5 pm Visit to NE Alberta (Art walk) 10:00 Curfew	18 9:30-12:00 American Conversation Class 12:00 Lunch w/ PAs 1-2:00 small group conversation partner sessions 2:30-4:30 Visit the Oregon Historical Society 5-6:30 Optional Rec Center w/ PAs 10:00 Curfew	19 10am—4pm Portland Day with Program Staff -Farmers Market -Saturday Market -Powell Bookstore -Stumptown Coffee 6:00 PM Movies or Concerts in the Park w/ PAs 10:00 Curfew
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
20 Free Day!	21 9:30-12:00 American Conversation Class 12:00 Lunch on your own 1-2:00 small group conversation partner sessions 2-5 pm Hike at Mt. Tabor w/ PAs 10:00 Curfew	22 9:30-12:00 American Conversation Class 12:00 Lunch on your own 1:00 visit to the Japanese American Museum of Oregon (JAMO) w/ Program staff 10:00 Curfew	23 9:30-12:00 American Conversation Class 12:00 Lunch on your own 1-2:00 small group conversation partner sessions 5-6:30 Optional Rec Center w/ PAs 10:00 Curfew	24 9:30-12:00 American Conversation Class 12:00 Lunch on your own 1-2:00 small group conversation partner sessions 2-4:00 Gardening Project at PSU w/ staff 10:00 Curfew	25 9:30-12:00 American Conversation Class 12:00 Lunch on your own 1-2:00 small group conversation partner sessions 2-5 Pearl District & Powell Bookstore 5-6:30 Optional Rec Center w/ PAs 10:00 Curfew	26 12am—4pm 4T Trail Hike 10:00 Curfew

American Conversation & Culture Program
at Portland State University (Dormstay)



August 14 - September 1, 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	1	2
Free Day!	9:30-12:00 American Conversation Class 12:00 Lunch on your own 1-2:00 small group conversation partner sessions 2-6 pm Clackamas Town Center with staff (tax-free shopping) 10:00 Curfew	9:30-12:00 American Conversation Class 12:00 Lunch on your own 1-2:00 small group conversation partner sessions 2-5 visit a Portland neighborhood (Hawthorne Blvd, Division Street) 5-6:30 Optional Rec Center w/ PAs 10:00 Curfew	9:30-12:00 American Conversation Class 12:00 Lunch on your own 1-2:00 small group conversation partner sessions 2:00-4:00 Presentation Prep w/ PAs 10:00 Curfew	9:30-12:00 American Conversation Class 12:00 Lunch on your own 1-2:00 small group conversation partner sessions 2:00-4:00 Presentation Prep w/ PAs 4-5:30 Optional Rec Center w/ PAs 10:00 Curfew	9:30-12:00 American Conversation Class (FINAL PRESENTATIONS) 12:00 Lunch on your own 2-4 Certificate Ceremony! 10:00 Curfew	<u>Departure Day</u> Go to the airport with your host. Flight check in with PSU staff Goodbye and Good Luck!

Schedule is tentative - activities may change or move to different days!